

InnerLight “Foundational Four” SuperGreens, Prime pH , BioLight & SuperSoy Sprouts

SuperGreens

Easily assimilated organic ingredients that alkalize, energize, and nourish your cells as they balance your body’s pH level. Highly processed and hard-to-digest foods create a higher level of acid than your body needs. SuperGreen’s natural plant ingredients help neutralize this acid and pull the body and tissue balance back to its ideal, more alkaline state.

Prime pH

Helps your body absorb the oxygen from water more easily. Also contributes to the neutralizing effects of InnerLight’s alkalizing products such as the SuperGreens. Not only does the body need adequate water to maintain a healthy level of hydration, it requires a good amount of oxygen for optimal cell performance. Prime pH releases the oxygen molecules within water for easier absorption by the body.

BioLight

Boosts overall energy. Allows you to experience increased levels of alertness, concentration, stamina, and drive. Natural co-enzyme NADP. NADP is a molecule required by cells for obtaining energy; the more energy a cell needs, the more NADP it requires. The exclusive colloidalized form of NADP is electrically attracted to each cell to provide a direct, supplemental source of cellular vitality.

SuperSoy Sprouts

On-going studies reveal soy to be a natural way to balance hormone activity, detoxify the blood, help the body ward off infection and help inhibit cancer-promoting enzymes. Organic sprouted soy.

Directions:

1/3-1/2 teaspoon of SuperGreens per liter. Build up to 1 teaspoon.
Can put lemon or lime in with your greens.
Start out light and add greens according to taste.
10-15 drops of the Prime pH in with the water and greens.

The best water to use is distilled. This is neutrally based water.
BioLight 5 drops under the tongue 3 to 5 x’s a day.

SuperSoy can place a scoop in with your greens or you can place a scoop directly in your mouth.

Dona Omanoff
Innerlight Distributor
772 545-7432

<http://www.innerlightinc.com/dona>